

# Interparental Relationship, Coparenting, and Child Adjustment in Cohabiting Families



.727

.636

.645

Cooperation

Diff. & Confl.

Tri. & Under.

Problem

Behavior

.81

opp.-aggr. Beh.

Hyperactivity

Social

Competence

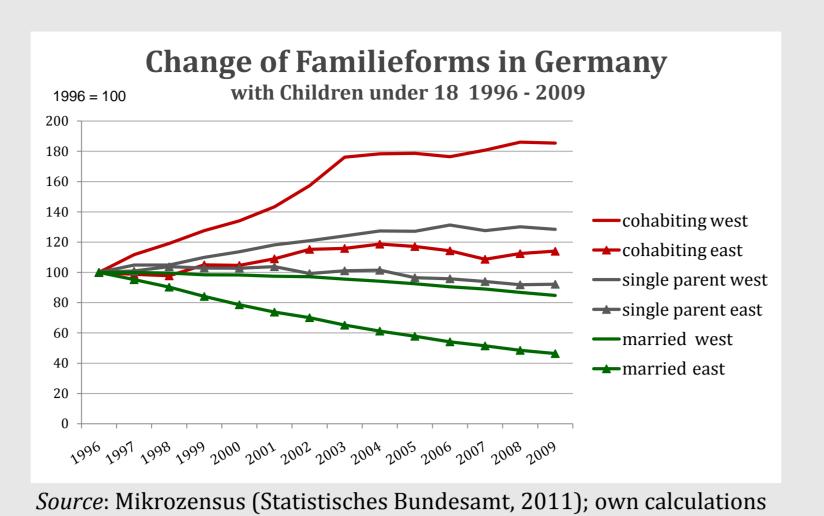
emot.

**Problems** 

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#### **Theory & Hypothesis**

The importance of **Coparenting** has become increasingly acknowledged as predictor of child development (e.g. Teubert & Pinquart, 2010). Coparenting refers to the way how mothers and fathers cooperate and support or undermine each other's efforts in the parenting role. In his ecological model of coparenting, Feinberg (2003) highlights the **interparental relationship** as a central antededent (cf. Margolin et al., 2001, Schoppe et al., 2004, Talbot & McHale, 2004). Many studies have evidenced spill-over-effects of the interparental relationship into the quality of parenting which in turn influences children's adjustment Our focus is on nuclear families. In Germany, an increasing (e.g. Benson, Buehler, & Gerard, 2008, Erel & Burmann, number of couples makes the transition to parenthood 1995). Accordingly, the present study investigates the without being married. Since little is know about these mediating role of coparenting in linking the interparental families, our focus is on such (previously) unmarried relationship to child adjustment.



families.

## **Instruments**

Scales	Subscales & Examples		α <b>M/F</b>
Coparenting	Cooperation		.873
Coparenting Scale for Parents with Preschool Children (CSPPC, Langmeyer & Walper, in prep.)	We decide important things in child rearing jointly.		.822
	Differences & Conflict	6	.775
	We have different rules regarding sleeping time, food, or watching tv.		.756
	Triangulation & Underminding	7	.859
	The other parent disregards rules set by me.		.887
<b>Quality of Relationship</b>	Relationship Satisfaction	7	.930
Relationship Assessment Scale (RAS, Hassebrauck, 1991)	In general, how satisfied are you with your relationship?		.896
Parenting	Parental Engagement	6	.649
Alabama Parenting Questionnaire (APQ, Lösel, Beelmann, Jaursch, Scherer, Stemmler, Wallner, 2003)	Play or go in for something with the child.		.766
	Positive Parenting	6	.665
	Say the child if it has been something done very well.		.764
Child Adjustment	Oppositional-Aggressive Behavior	10	.825
Verhaltensbeurteilungsbogen für Vorschulkinder (VBV-3-6, Berner, Fleischmann & Döpfner, 1992)	Destroys intentionally objects or toys.		.829
	Hyperactivity	8	.719
	Stays 15 minutes or longer at a toy.		.702
	Social Competence	8	.719

**Emotional Problems** 

Starts easily to cry, is very sensitive.

#### **Research Questions**

- ► Parenting as mediator linking relationship satisfaction → child adjustment?
- > Coparenting as mediator linking relationship satisfaction > child adjustment?
- > The role of coparenting in links between relationship satisfaction, parenting and child adjustment?

## Sample

	Individual Data		Dyadic Data			Individual Data		Dyadic Data
	mothers	fathers	mothers	fathers		mothers	fathers	
N	228	121	87 dyads		relationship duration (years) M(SD)	9.0(4.2)	8.6 (4.0)	8.5 (3.8)
age (in years) M(SD)	34.5 (5.8)	37.1 (7,8)	33.4 (6.1)	36.5 (7.7)	married	32.9 %	33.9 %	36.8 %
highest graduation upper school degree	54.8 %	52.9 %	52.9%	48.3 %	child female	51.8 %	46.3 %	51.7 %
intermediate school degree	30.3 %	23.1 %	32.2%		child age (in years) M (SD)	4.1 (0.9)	4.2 (1.0)	4.1 (1.0)

#### Methods

Tells the parents of its own volition ist expiriences.

For mediation hypotheses (Baron & Kenny, 1986) Structural Equation Models (SEM) with Monte Carlo bootstrapped indirect effects (cf. Hayes, 2009) were estimated (AMOS 19.0). To control gender effects Multi-**Group-Analyses (MGA)** were performed. There the chi-square differences (ΔChi<sup>2</sup>) between the unconstrained model and the equality constraint model in the structural weights were calculated. To analyse the dyadic data we perfomed a Actor-Partner Interdependence model (APIM; Kenny, Kashy, & Cook 2006). A critical alpha of .05 was assumed in our analyses.

#### Results

#### **Parenting as Mediator** Engagement Engagement Parenting Parenting pos. Parenting opp.-aggr. Beh.

.67 Hyperactivity

emot. Problems

Problem Rel. Sat. Behavior Competence Indirect Effect: -.06

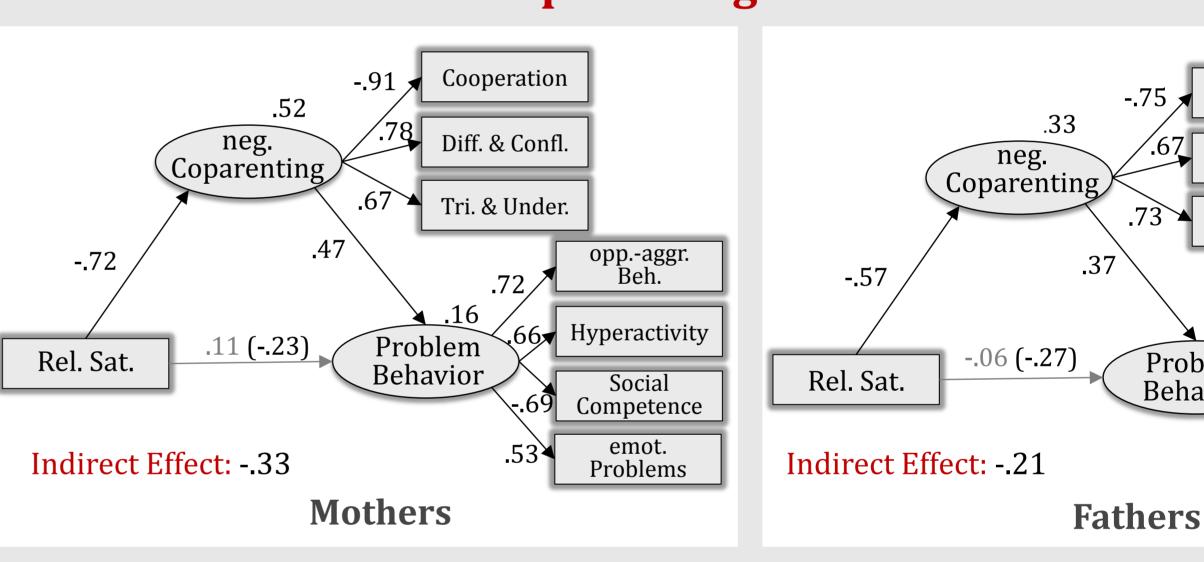
**Mothers** 

pos. Parenting opp.-aggr. Beh. .67 Hyperactivity -.13 (-.27) Rel. Sat. Behavior Social Competence emot. **Problems** Indirect Effect: -.15 **Fathers** 

*Model-Fit:* Chi<sup>2</sup> = 50.60, df = 24, Chi<sup>2</sup>/df = 2.11, p = .001; CFI = .96, RMSEA = .06; MGA:  $\Delta$ Chi<sup>2</sup> = 5.39,  $\Delta$ df = 7, n.s.

For both mothers and fathers **Parenting** acts as a **mediator** between Relationship Satisfaction and Child Adjustment: partial mediation for mothers (decreased effect) and full mediation for fathers (effect n.s.).

### **Coparenting as Mediator**

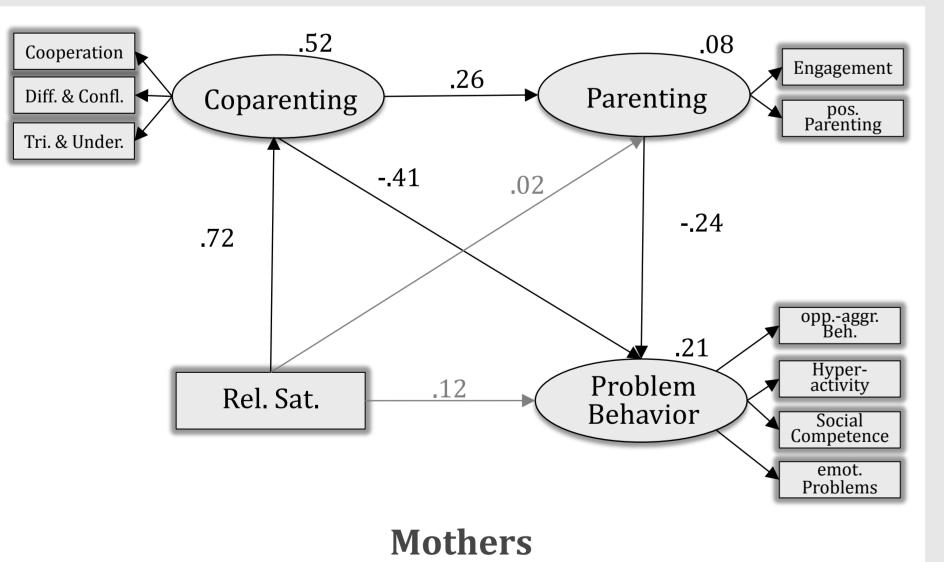


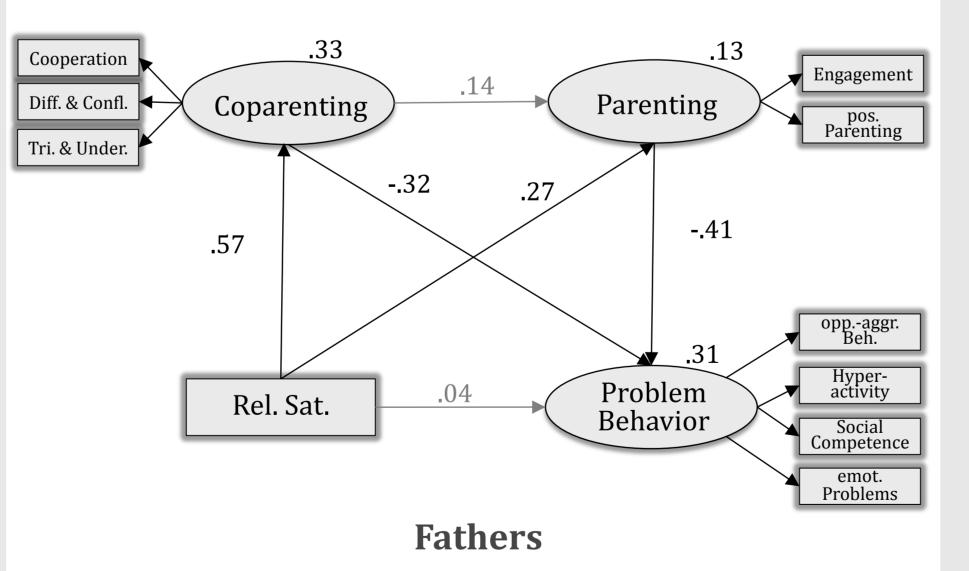
*Model-Fit:* Chi<sup>2</sup> = 68.09, df = 36, Chi<sup>2</sup>/df = 1.89, p = .001; CFI = .96, RMSEA = .05; MGA:  $\Delta$ Chi<sup>2</sup> = 10.68,  $\Delta$ df = 8, n.s.

For mothers as well as fathers Coparenting functions as a mediator between Relationship Satisfaction and Child Adjustment: In both cases the effect disappears (full mediation).

#### Interplay between Coparenting, Relationship Satisfaction, Parenting, & Child Adjustment

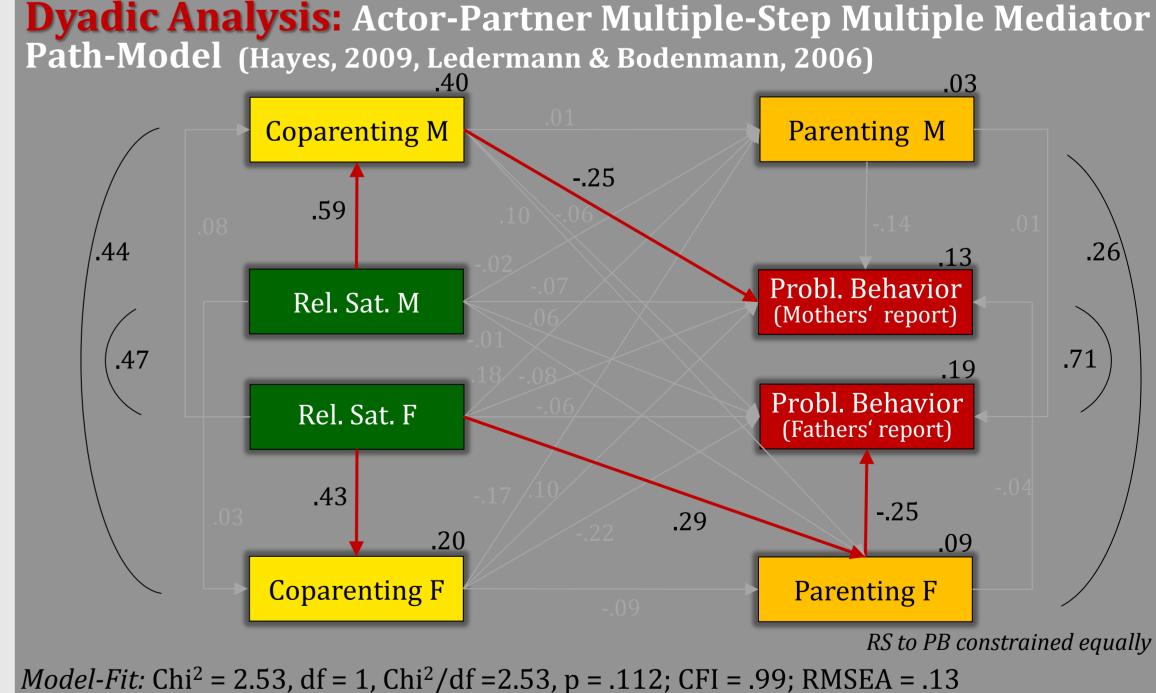
#### Multiple-Step Multiple Mediator Model (Hayes, 2009)





*Model-Fit:* Chi<sup>2</sup> = 124.11, df = 60, Chi<sup>2</sup>/df = 2.07, p < .000; CFI = .94, RMSEA = .06; MGA:  $\Delta$ Chi<sup>2</sup> = 14.41,  $\Delta$ df = 12, n.s.

Parental Coparenting and Parenting jointly mediate effects of Relationship Satisfaction on Child Adjustment affects Parenting directly. For either parent, Coparenting as well as Parenting show independent effects on (complete mediation for women and men). The effect from Relationship Satisfaction across Coparenting to Child Adjustment is identical for mothers and fathers, but there are also gender differences: For mothers,



Child Adjustment.

**Dyadic analysis** support that Coparenting plays a more important role as mediator for mothers, whereas Relationship Satisfaction is linked to Parenting via Coparenting only. For fathers, Relationship Satisfaction Parenting is a stronger mediator for Fathers. Note: There are only significant actor-effects in the dyadic model.

## Conclusion

- > As expected, there are strong connections between Relationship Satisfaction and both parents' report on Coparenting.
- > Coparenting proves a strong mediator linking Relationship Satisfaction to Child Adjustment for both parents.
- For fathers, this also holds for Parenting which is directly affected by Relationship Satisfaction and strongly linked to Child Adjustment. For mothers, however, Parenting is less affected by Partnership Satisfaction and mediates its effects on Child Adjustment only indirectly and partially.
- Coparenting and Parenting act as two serially linked mediators between Relationship Satisfaction and Child Adjustment for mothers, but as rather independent parallel mediators for fathers. Interestingly, fathers' positive parenting seems less dependent on Coparenting but rather on Partnership Satisfaction.

#### **Limitations:**

- Our analyses focus on **families formed out of wedlock**. Higher variance & salience of partnership quality than for married parents?
- Cross-sectional data! Therefore, no causal interpretations are allowed ⇒ need for longitudinal investigations.